

Identity Development Worksheet

Name: Bruce Wayne .

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What Just Is (*Innate* Differences, Strengths, Interests, Traits):

Good at school and athletics, I guess. I'm not really a team player. Great at track and field, and I like running. I like puzzles, figuring things out, working on my car sometimes. If anything, I think learning is fun for me.

What Happened (Difficulties):

I was born in Gotham City where my parents built a big business. I lost them when I was 8 years old. They were murdered by a mugger in front of me. Ever since, I never felt like I fit in.

What Happened (Opportunity/Support):

Our family butler, Alfred, is taking care of me. And I'm safe in my parent's big house - except for the east wing. (Bats get in there sometimes.)

What I Did (Making Social World Work, Shifts, Meeting Needs, Strengths/Struggles):

I'm more interested in figuring out criminals and why they do what they do. I need to understand why. And no one could teach me that. So I started taking criminology and chemistry at college (because I was good at it.) Alfred wanted me to take finance. While everyone else parties, I study.

****Use this to construct your "Awareness as Growth" sequence on the next page**

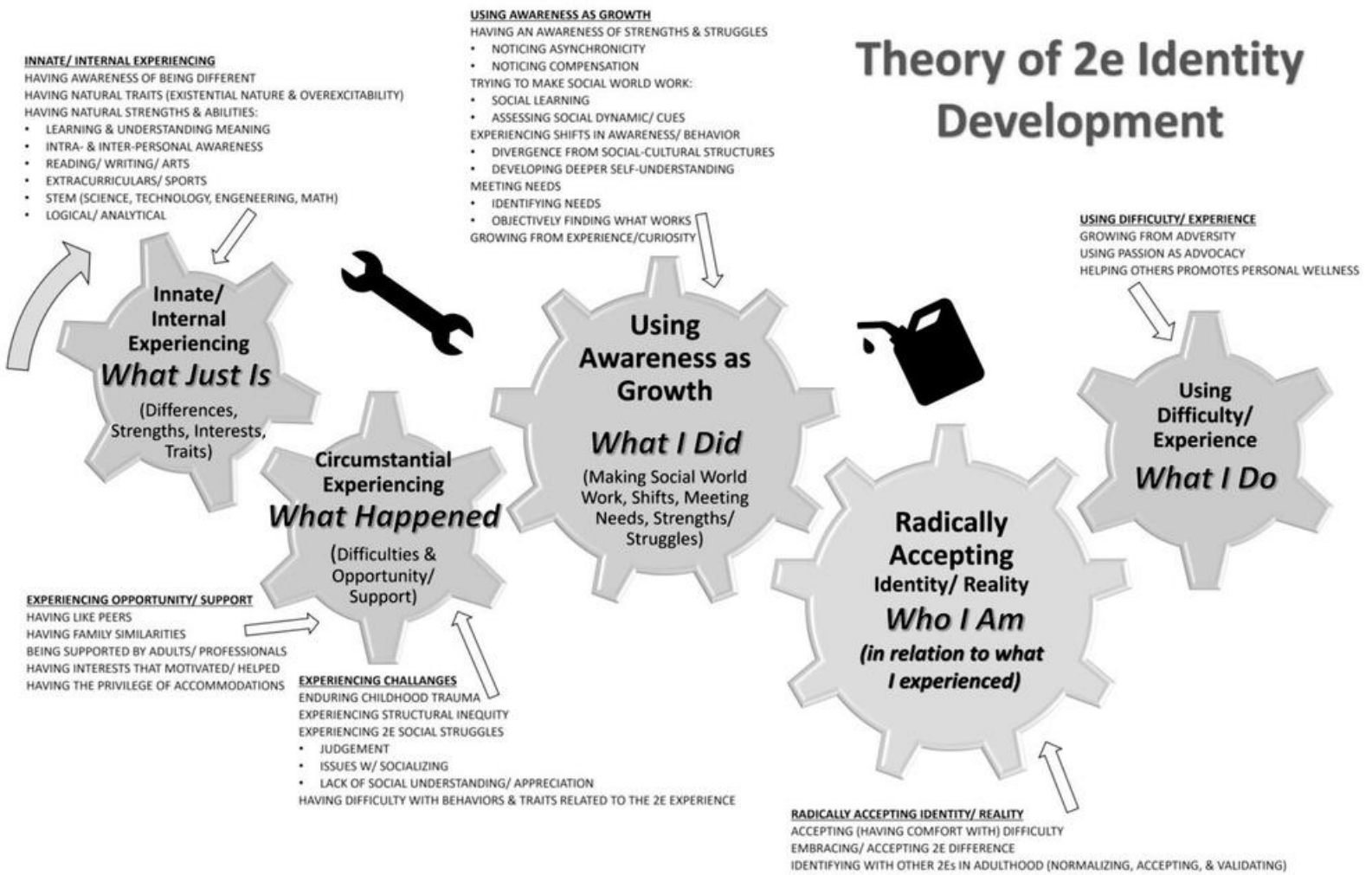
Who I Am (Radically Accepting Identity/ Reality *in relation to what I experienced*):

Loner. Driven. Hardworking. Smart. I'm more than my family name. I see the world differently than others do, than most people do -- probably because of my parents' murder. I always identified with Sherlock Holmes, a detective and crimefighter, who understood that innocent people need to be protected.

What I Do (Using Difficulty/Experience to Inform Growth & Work):

I have a project in mind, and I am preparing myself for it. Innocent people get hurt every day in this city. (I was one.) And I want to make a difference.

Theory of 2e Identity Development



Using Awareness as Growth

Using Awareness of Strength & Struggles (Noticing Asynchronicity & Compensation)

Trying to Make Social World Work (Social Learning & Assessing Social Dynamic/ Cues)

Shifts in Awareness/ Behavior (Social Divergence & Developing Self-Awareness)

Meeting Needs (Objectively Identifying Needs & Finding What Works)

Growth From Experience/ Curiosity

I guess I grew up a little quickly. I used to get scared at night. Alley ways, especially. I have a hard time making friends. I don't have fun with others. They laugh, and I don't find anything funny.

Alfred took me to the office once, but I stayed quiet and watched. When I visited the orphanage, I figured staying quiet was my best chance at fitting in, but I really didn't. I stay brief, to the point, even when it's with a lab partner, to get the job done.

Instead of parties or networking for jobs, I'm learning about organized crime and taking self-defense classes. I'm learning how the real world works so I can be ready next time.

I don't care about the grades. I care about learning. I figured out I needed to get out of my head, out of this big house. I need to see the city, even if it's where my parents died, because it helps me feel connected, not helpless.

Because of all this, I could meet both crime bosses, thugs, and detectives to understand what I can do. And I see that I have a place beyond Wayne Enterprises, a place where I can make a real difference.